

**Pathways Institute for Impulse Control
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SHOPLIFTING / STEALING QUESTIONNAIRE

1. Do you repeatedly shoplift or steal?
2. Have you been arrested for shoplifting/stealing?
3. Have you spent time in jail due to your shoplifting/stealing?
4. Have tried to quit stealing and been unable to stop?
5. Has shoplifting/stealing affected your reputation?
6. Has shoplifting/stealing affected your relationships?
7. Do you consider your shoplifting/stealing self-destructive?
8. Have you felt ashamed or guilty after shoplifting/stealing?
9. Do you shoplift/steal because you are unhappy?
10. Do you shoplift/steal because you are angry?
11. Did your shoplifting/stealing begin after an illness, death, loss or pregnancy?
12. Do you plan your shoplifting/stealing?
13. Is your shoplifting/stealing an impulse you can't resist?
14. Does shoplifting/stealing decrease your ambition?
15. Has shoplifting caused serious problems in your life?
16. Do you shoplift or steal for others?
17. Has your shoplifting/stealing affected your career?
18. Do you shoplift/steal to feel safe financially?
19. Do you shoplift/steal to hoard things?
20. Do you have an eating disorder and steal?
21. Do you steal things from your work?
22. Do you write bad checks?
23. Do you embezzle money from work?
24. Do you steal from your family friends or individuals?
25. Have you stolen credit cards or engaged in identity theft?

***If you have answered YES to any of these questions you could benefit from a professional evaluation. Please contact Pathways Institute for Impulse Control for information about treatment. All inquiries are strictly confidential.**

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